K-State Research & Extension
Greenwood County 4-H News
4-H is an organization that grows great kids!

Kansas State University Agricultural Experiment Station and Cooperative Extension Service • January 2019

JANUARY
2 Horse Meeting
2 4-H Volunteer Renewal Forms Due—Extension office
7 Horse Meeting
11 KAP’s due in Extension Office
15 Registration Deadline for Horse Panorama and 4-H Dog Judges Training Certificate
15 State Scholarship due in Extension Office
15 Horse Meeting - Extension office
18 SEA KAP Judging—Eureka
19 SELF, Emporia
21 4-H Council 7pm, Neal Community building
25-27 Horse Panorama-Rock Springs Conference
31 “Junk In A Bucket” registration due in office

FEBRUARY
1 County 4-H Day entries due in Extension Office
1 CIA Registration Deadline
8 Fair Theme Ideas due in Extension Office
17-18 CIA
22-23 Ambassador Training

MARCH
2 County 4-H Day, Hamilton School
9 KS Jr Producer Days - Swine
23 Regional 4-H Day, Madison
30 KS Jr Producer Days - Goat

APRIL
1 K-State Animal Sciences Leadership Academy applications must be postmarked by this date

MAY
1 Market Beef Nominations Most be postmarked by this date:

Citizenship in Action
Would you like to have more influence in laws and rules that affect your life? Then you’ll want to go to Kansas 4-H Citizenship in Action! This two day event is sponsored by the State 4-H Youth Leadership Council. The purpose of the event is for Kansas youth to learn how the state legislative process works and how their voice and participation in decision-making can make a difference in their local communities. The legislative visit will not only familiarize youth with the capitol building, but will also show them how they can affect the legislative process. https://www.cvent.com/events/2019-kansas-4-h-citizenship-in-action/registration-21acbe38b8c24f20a53c458a0ad6bc69.aspx?fqp=true

When: February 17-18, 2019
Where: Topeka, KS
Who: Youth 13-18 years old by January 1 of the current year
Registration Fee: $175
Registration Deadline: February 1, 2019

2019 Greenwood County Fair Theme
The 116th Greenwood County Fair is quickly approaching! This year, each 4-H club is encouraged by the Greenwood County 4-H Foundation to be creative and submit a theme for the fair. Last year’s theme “Fairadise” appeared on fair t-shirts, the fair paper, newspaper advertisements and on the radio. Entries are due in the Extension by Friday, February 8th. Below is a list of requirements to fit our graphic needs:

- Black and White Only
- Digital Design (no hand drawn ideas)
- Size should be 8 inches x 8 inches

K-State Research and Extension
4-H grows here
Horse Meetings in January

We will again host a series of winter horse meetings for 4-Hers enrolled in the Horse and Horseless Horse projects at the extension office. If you have any questions contact Heather Fuesz or Lindsay Shorter. Please RSVP to Debi at the Extension office.

- January 2nd - 10:30am-2:30pm
- January 7th - 3:30
- January 15th - 6pm - Extension Office

HORSE PANORAMA

The 2019 4-H Horse Panorama has been scheduled for January 25-27 at Rock Springs. Registration for Horse Panorama will be posted to the Kansas 4-H website soon. Check the following link for information and rules. http://www.kansas4-h.org/events-activities/conferences-events/horse/index.html

SCHOLARSHIPS

Seniors are thinking ahead to college now and scholarships can help make college a bit easier to afford. Follow this link for the scholarship or come by the extension office. Scholarships are due in the extension office by January 15, 2019. https://www.bookstore.ksre.ksu.edu/pubs/MG50.pdf

One local memorial scholarship is available to Greenwood County 4-Hers. The Judy Wiggins Memorial scholarship application will be due April 1. Application are available by request from the Extension Office.

“Junk In A Bucket”

Entries for this class are due by January 31 2019 to the Extension Office and can be made by calling or e-mailing Debi 620.583.7455, debi@ksu.edu with the member’s name and 4-H age.

Setting 4-H Project Goals

Writing 4-H project goals should take place towards the beginning of the 4-H year, and NOT right before KAP/record books are due. There is a new publication that will guide the 4-H member as they write and set 4-H project goals for the year ahead. The new publication is attached at the end of this newsletter.

Tips for New 4-H Members and Families

* Check out the K-State Research & Extension-Greenwood County website www.greenwood.k-state.edu
* Read the Greenwood County 4-H newsletter carefully (you can find it on the website listed above)
* Ask lots of questions! Please don’t hesitate to call the Extension office with questions, ask community and project leaders and reach out to older, more established 4-H families (contact information for the Extension office is located on the website and in every newsletter)
* Attend every club meeting-explore county 4-H events during the entire year
* Do just a few projects per member the first year of 4-H as you “learn while having fun”
* Read the Greenwood County 4-H Family Handbook available through your 4-H club leaders

Kansas 4-H Ambassador Training

The 2019 Kansas 4-H Ambassador Training will be February 22-23 at the Rock Springs 4-H Center near Junction City. It is open to all county/district 4-H ambassadors, interested teens, ambassador advisors and Extension staff. The theme is “4-H Ambassadors Go Wild with Leadership.” There will be six youth workshops, three adult workshops, two speakers, with lots of fun and fellowship. Visit the Kansas 4-H Ambassador webpage for the latest information and resource materials: http://www.kansas4-h.org/events-activities/conferences-events/ambassador-training/index.html.

Kansas 4-H Livestock Sweepstake

Save the date! The 2019 Kansas 4-H Livestock Sweepstakes will be held August 24-25 in Manhattan. This event includes the state 4-H Livestock Judging Contest, Meat Judging Contest, Livestock Skillathon, and Livestock Quiz Bowl. Members may compete in as many contests as they would like. Specific details and contest rules will be released by June 1. Please mark your calendars to attend!
4-H Day  March 2

4-H Day is just ahead, Saturday, March 2, and it’s time to make your entries with your leader. 4-H Day will be held at Hamilton Elementary school. Guidelines are included in this newsletter relating to times, ages, etc. Our county club day follows the guidelines for regional with the exception of adding a younger gavel games division. Cloverbuds may participate in Show & Share and club skits.

Gavel Games will continue to have 3 age divisions: Basic (7-9), Junior (7-13), and Senior (14 and up). A team may use a younger member to complete their team, but not one from an older age group. Basic is designed to be an introduction to Gavel Games with only 3 problems and no written test. It is not eligible to go on to Regional. An alternate (5th member) may be used at county, but not at regional competition.

Show and Share is for the 1st and 2nd year member doing their first talk at 4-H Day- AND for Cloverbuds who want to give their first presentation. We ask that Cloverbuds enter just as other 4-H’ers will. It is an encouraging experience and will not be judged. The 4-H’er will talk with the judge after their presentation. They will receive a special ribbon.

Demonstrations tell or show how to do something. They demonstrate a process and show a finished product.

Project Talks tell about the 4-H’ers project, or some aspect of it.

Public Speaking is an informative presentation on a current affair or public policy topic. An outline is presented to the judge.

Video Presentation-on a Flash Drive or CD allows a 4-H’er to include information and visuals not possible to bring to 4-H Day. It is also a possibility for having an entry when a 4H’er can not attend 4-H Day. Not eligible for regional competition.

Music presentations should present the judge with an original set of music with measures numbered. Be sure to put your name on it. Copyright laws prohibit photocopying of music. Pre-recorded accompaniment may be used, but any variations should be noted on the written music.

Talent includes skits, novelty, juggling, puppets, music, etc.

Dance includes square dance and other dance routines choreographed to music.

We hope you will participate in and enjoy 4-H Day. The ultimate objective is that 4-H'ers feel good about who they are and what they have done. It's always encouraging to see the talent and skills of our members. As you watch other 4-H'ers numbers, remember to compliment them on their performances.

The judges will determine the top numbers that day in each division. These will be eligible to represent Greenwood County at Regional 4-H Day, March 23rd at the Madison High School.

Citizenship Washington Focus  June 13-24

Road trip across the USA stopping to see Philadelphia, Gettysburg, the Liberty Bell and more! Walk among places that have made history and places that are making news today. Visit Capitol Hill, government departments, historic sites, and memorials. Get a close-up view of political process through visits to Capitol Hill. Meet with the Kansas Congressional and Senate delegations to discuss legislative issues. Participate in workshops and assembly groups to learn life skills and discuss possible solutions to domestic and international problems. Registration may be found at this link. http://www.cvent.com/events/4-h-citizenship-washington-focus/event-summary-11108e4214a4493fa9dcea2fce9d2cbf.aspx

Important Change/Requirement for State Shows

All exhibitors in the 2019 Kansas State Fair Grand Drive and/or KJLS will be required to be YQCA certified. Certification options include instructor-led training, the online course, a test-out option for 12 and 15-year-olds, or using a valid YPQA+ number.
LEADERS’ NOTES

⇒ **4-H Volunteer Renewal Forms**: Signed forms are due to the Extension Office, January 2.

⇒ **SE Area KAP Screening**: we need adults to assist with screening in Eureka on Friday, January 18, 2019 at the Matt Samuels Building beginning at 9 a.m. Must have some previous experience with KAP records. If interested contact Debi at the extension office. If anyone would like to “stop” in for a few minutes to get ideas that is possible as long as it doesn’t disturb the judging process.

⇒ **2019 Scholarships** The 2019 Scholarships will be due to the Extension Office January 15, 2019. All scholarships must be submitted in full and should be on the 2019 Kansas 4-H Scholarship Application which may be picked up at the Extension Office, or on line [https://www.bookstore.ksre.k-state.edu/pubs/MG50.pdf](https://www.bookstore.ksre.k-state.edu/pubs/MG50.pdf)

⇒ **Judy Wiggins Scholarship**: Applications are available at the Extension office, and will be due April 1st to the Extension office.

⇒ **4-H County Days**: County Clubs day will be March 2. Encourage members to make plans now! Entries due to office February 1st. 4-Hers unable to attend Greenwood County 4-H days at the local level only (not eligible for regionals) 4-Hers may record a presentation in the Video Presentation category on a flash drive or cd.

⇒ **Just a reminder**: The 4-H Council voted at the last meeting to change the meeting times to 7pm. Our next meeting is Monday January 21st at the Neal Community Building.
Greenwood County 4-H Winter Horse Meetings

Come learn more about the 4-H horse project this January! We will have three informative meetings where 4-H members will be able to expand their knowledge about the horse project.

January 2nd
10:30am-2:30pm
- Meet at Flyin’ 3 Veterinary Clinic at 10:30 Dr. Fitzmorris will be going over parasites, vaccinations and worming. (804 N Jefferson St )
- Pizza Hut Lunch- Bring lunch money
- NRCS Office- 1pm Luke Westerman will be going over external parasites. (1819 E. River St.)

January 7th
3:30pm
- Presentation on gut health (colic, forage toxicity, etc.)
- Members may also give a talk or demonstration. This is great practice for upcoming 4-H Days!

January 15th
6:00 pm
- Final meeting will conclude with a horse quiz bowl tournament!

K-State Research and Extension Greenwood County

Kansas State University is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision, or hearing disability, contact Lindsey Shorter, 820-583-7455 Kanscat State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.
K-State
Research and Extension

Setting 4-H Project Goals

Name: ___________________________ Club: ___________________________ Year: ___________

Now that you have selected your 4-H projects for the year, it is important to plan out what you would like to learn and accomplish. What new skills would you like to gain? Who is going to help you along the way? Setting measurable goals will help guide you through positive 4-H project learning experiences.

WHAT IS A GOAL?
A GOAL is . . . Deciding what you want to do and learn in a 4-H project.
A road map. It helps you get where you want to go.

Your goals should have three parts that will allow you to measure and check your progress. The three parts of a good goal, include:

1. ACTION — How are you going to do something.
2. RESULT — What are you going to do. Be specific!
3. TIMETABLE — When are you going to do it.

This worksheet is designed to help you set your 4-H project goals. Below are some examples of well-written goals:

<table>
<thead>
<tr>
<th>Action</th>
<th>Result</th>
<th>Timetable</th>
<th>Who Will Help Me</th>
</tr>
</thead>
<tbody>
<tr>
<td>I want to learn</td>
<td>about my bucket calf’s nutritional needs</td>
<td>before county weigh-in</td>
<td>Dad</td>
</tr>
<tr>
<td>I want to make</td>
<td>three nutritious snacks for the nursing home residents</td>
<td>by our June dub meeting</td>
<td>my project leader</td>
</tr>
<tr>
<td>I want to learn</td>
<td>about the aerodynamics of my rocket</td>
<td>before the spring launch</td>
<td>Mom</td>
</tr>
<tr>
<td>I want to lead</td>
<td>a horse project meeting</td>
<td>by February</td>
<td>my extension agent</td>
</tr>
<tr>
<td>I want to keep</td>
<td>accurate records of my photography project experiences and expenses</td>
<td>monthly</td>
<td>my project leader &amp; parents</td>
</tr>
</tbody>
</table>

CONTROL TEST: Do your goals pass the control test? Do you have control over all parts of what happens? If you can answer “yes,” then you are ready to begin record keeping. For example, “I want to win grand champion with my cookies at the county fair,” does not pass the control test. A 4-H member doesn’t have control over ribbon placing.

Now it is your turn. Practice writing three goals that you would like to accomplish this 4-H year. If you need help, ask an adult to assist.

<table>
<thead>
<tr>
<th>Action</th>
<th>Result</th>
<th>Timetable</th>
<th>Who Will Help Me</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Time to begin. In the spaces provided on the next page, set your goals for each project you are enrolled in this year. Attach additional pages as necessary.

Please keep in mind that younger 4-H members will have fewer, less complex goals than older, more advanced 4-H members. A good rule of thumb is three to five goals per project for ages 7 to 10, four to eight goals per project for ages 11 to 13, and seven to 12 goals per project for ages 14 to 18.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service
<table>
<thead>
<tr>
<th>PROJECT:</th>
<th>4-H Member Age:</th>
<th>Years in Project:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Goal #1</th>
<th>Action, Timetable, Result</th>
<th>Who Will Help Me</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goal #2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goal #3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goal #4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goal #5</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PROJECT:</th>
<th>4-H Member Age:</th>
<th>Years in Project:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Goal #1</th>
<th>Action, Timetable, Result</th>
<th>Who Will Help Me</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goal #2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goal #3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goal #4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goal #5</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PROJECT:</th>
<th>4-H Member Age:</th>
<th>Years in Project:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Goal #1</th>
<th>Action, Timetable, Result</th>
<th>Who Will Help Me</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goal #2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goal #3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goal #4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goal #5</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>